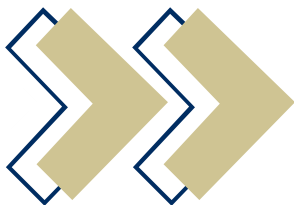


# National Women and Girls HIV/AIDS Awareness Day

March 10  
#NWGHAAD



## Women and Girls and HIV/AIDS in the U.S.



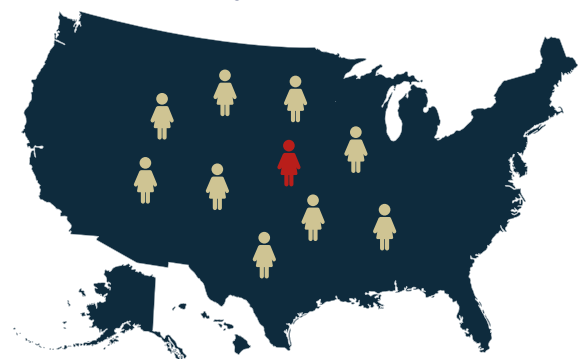
**248,469** women were *living with HIV* in the U.S. in 2022.

**Black women make up over half of the women diagnosed with HIV.**

From **2017 to 2022**, the annual number of *women diagnosed with HIV* in the U.S. **decreased**.







Nationally, **1 in 10** women *living with HIV* are undiagnosed and do not know they have it.



**Most women acquire HIV through heterosexual sex.**

### Ways you can prevent HIV transmission:

-  If you are **living with HIV**, *taking your medications* and *maintaining* an **undetectable viral load** means that you cannot pass HIV on to your sexual partners. The science is there: **U=U, Undetectable = Untransmittable**
-  If you are **HIV negative**, ask your doctor about **pre-exposure prophylaxis (PrEP)**, a daily medication to *prevent* HIV.
-  Regardless of your status, **use a condom** every time you have sex. Condoms *reduce* the risk of getting **HIV** and other **sexually transmitted infections**.
-  **Know your status. Get tested for HIV.**

# Women and Girls HIV/AIDS Awareness in Louisiana

March 10  
#NWGHAAD



6,466 women were living with HIV in Louisiana in 2023.



**Black women** make up **80%** of Louisiana's female HIV diagnoses.

About **140 to 160 women living with HIV** in Louisiana **give birth** each year.

**2 in 3 women living with HIV in Louisiana are virally suppressed.**

**Viral suppression** is when a person has very **low levels of HIV** in their blood. **People who are virally suppressed cannot transmit HIV to sex partners.**



**1 in 5** people **newly diagnosed with HIV** in Louisiana are **women**.

Let's get all of Louisiana talking more about HIV, STIs and hepatitis C. Through education and awareness, we can break down the stigma and misconceptions surrounding conversations about sexual health.

Let's uplift the voices of those who are living with HIV and those who are impacted – ensuring they are the ones leading the way forward.

Visit [LAHHUB.org](http://LAHHUB.org) for more information.